To Our New Students,

Welcome to the University of Toronto! We are so excited to have you join our diverse and dynamic community of scholars.

As a new student, you are embarking on an exciting and transformative journey. The University of Toronto is a world-renowned institution, with a rich history and a bright future. Our faculty and staff are dedicated to helping you succeed and achieve your goals.

We understand that starting university can be a bit overwhelming, but don't worry, we are here to support you. During your time here, you will have access to a wide range of resources and services, including academic advising, tutoring, career services, and mental health support.

We encourage you to get involved on campus and take advantage of all that the University of Toronto has to offer. Whether you're interested in joining a club or society, participating in athletics, or volunteering in the community, there are endless opportunities to get involved and make the most of your time here.

Again, welcome to the University of Toronto! We are excited to see all that you will accomplish during your time here.

Best regards,

University of Toronto Students’ Union
The University of Toronto Students’ Union is the official student government of more than 38,000 students at the University of Toronto’s St. George Campus. We organize major events for students, including Orientation, Unity Ball, eXpression Against Oppression (XAO), UTSU’s Got You and many more! Through partnerships and support, we are able to provide students with free services and events to enhance their student experience. Learn more about UTSU.

One of the oldest and most established universities in Canada, the University of Toronto (U of T) boasts an impressive three campuses with nearly 100,000 students enrolled. Located in the heart of Toronto, St. George campus is a vibrant place, with the UTSU's Student Commons the new modern hub for students to connect with each other.
The University of Toronto Students' Union (UTSU) is a student government organization that represents full-time undergraduate students at the University of Toronto. Its main role is to advocate on behalf of students and to provide a range of services to support their academic and personal needs.

Some of the services and resources provided by the UTSU include:

- Health and dental insurance plans for undergraduate students
- Academic support and advocacy services
- Funding for student groups and clubs
- Social and recreational programming
- Legal aid and advice
- Job search and career development resources
- Representation on university committees and decision-making bodies

The UTSU also works to promote the interests and welfare of students through lobbying and advocacy efforts on issues that affect students, such as tuition fees, campus safety, and accessibility. It also helps to organize events and campaigns to raise awareness about important issues and to create a sense of community on campus.

You can visit the UTSU at the Student Commons (230 College St.), our office space and a space for students to get services, study or just hang out. Find out more information about everything we offer at utsu.ca.
The Student Commons is the newest place at St. George for all U of T students and UTSU-recognized clubs. The building, which opened up to students in 2021 after many years of discussion and delay, is the perfect place for you to lounge with friends, organize a study group, or even host an event! The Commons is also home to the UTSU offices and its services like the Food Bank, and other groups supporting students like the Sexual Education Centre at the University of Toronto, RBC, and BikeChain.

The Student Commons is located 230 College Street, at the corner of College and Huron streets. Visit us today!
Libraries
See all the libraries U of T has to offer and how you can access resources, study spaces and more!

Health & Dental
The UTSU administers a Health & Dental Plan for all full-time undergraduate students for many services not covered by provincial health care. The Health & Dental plan also covers services like Dialogue and Empower Me, which offer free, virtual care. Learn more about the plan.

Mental Health Resources
Access free mental health resources on and off campus and build essential skills for your mental wellbeing.

Financial Assistance
The UTSU offers a variety of financial services to support students facing financial barriers. These include grants and bursaries for things like books, health & wellness, transit, childcare and microtransactions, scholarships (open in the Winter semester), and a free tax clinic. Learn more about the supports available.

Clubs at U of T
Find your people! Connect over a variety of interests and hobbies with one of the many clubs on campus.

Food Programming
The UTSU operates a free, year-round Food Bank open to all University of Toronto students, as well as other programs and resources to address food insecurity on campus. See what’s available for you and how to register.
Get organized: Make sure you have a planner or calendar to keep track of your assignments and deadlines. It's also a good idea to keep a to-do list of tasks that need to be completed.

Attend lectures and tutorials: Attending lectures and tutorials is an important part of the learning process at university. These sessions provide valuable information and opportunities to ask questions and engage with the material.

Participate in class: Don't be afraid to ask questions or contribute to discussions in class. Engaging with the material and your classmates will help you get more out of your classes.

Seek help when you need it: If you're struggling with a course or assignment, don't hesitate to reach out to your professors or TA's for help. There are also many resources available on campus, such as tutoring centers and writing centers, that can provide additional support.

Take care of yourself: Make sure to get enough sleep, eat well, and take breaks to avoid burnout. It's also important to find a balance between your academic and personal commitments.

Get involved: There are many clubs and organizations on campus that can help you meet new people, explore new interests, and get involved in your community. Consider joining a student group or club that aligns with your interests.

Take advantage of campus resources: The University of Toronto has a wide range of resources available to students, including libraries, computer labs, and study spaces. Make use of these resources to help you succeed in your studies.
Plan ahead: Start working on assignments early to avoid feeling overwhelmed later on. It's also a good idea to plan out your schedule in advance so you can allocate sufficient time for your studies and other commitments.

Manage your time effectively: Time management is key to success at university. Make a schedule that includes time for classes, studying, and other activities, and try to stick to it as closely as possible.

Don't be afraid to ask for help: University can be overwhelming at times, and it's okay to ask for help if you need it. There are many resources available on campus, such as student support services and mental health services, that can provide you with the support you need to succeed.

We hope these tips are helpful! Good luck in your studies at the University of Toronto.

Where to find the UTSU

Visit us at our building the Student Commons (230 College St). Our front desk student staff will be happy to assist you with questions and concerns, and there's always something fun and interesting to do in our building!
The UTSU recognizes the financial barriers involved in post-secondary education and actively connects with partners for discounts for students. See below for some student perks and visit our website for a full list.

**TTC**

Students can receive a discount on the TTC by using TTC Post-Secondary Monthly Pass. To receive this discount, you must have a TTC Post-Secondary Photo ID Card. The cost of the ID is $5.25.

Students can get their TTC Post-Secondary Photo ID Card from the Bathurst Subway Station, and must have:

- A piece of photo ID and their T-Card
- Proof of full-time enrolment at U of T (available on ACORN)

**PRESTO/GO TRANSIT**

Full-time post-secondary students must have a GO-approved student ID for the post-secondary student fare. Learn more information about the discount and how to apply via the Go Transit website.

**GROCERIES**

Students can get 10% off their groceries on purchases over $50 when they show their student ID card at Maisie’s Independent City Market (in the Manulife Centre at Bay and Bloor). Discount is only available on Tuesdays.

**MOVIES**

Students can purchase discounted Cineplex tickets ($10.25) or Imagine Cinema tickets ($9.89 including tax) from the Student Commons (Room 164, 230 College Street) from Monday to Friday, 10 a.m. to 4 p.m.